

## 2025: A Year of More Learning and Exploration

### 1. Introduction

Dharma For Life (DFL), under the visionary leadership of Dr. Medhavi Jain (Founder), continued its mission in 2025 to integrate ancient Indian philosophical wisdom, particularly Jain thought, with contemporary life, education, and ethical reflection. Through impactful events, academic engagements, educational collaborations, publications, and spiritual explorations, DFL further established itself as a dynamic platform for scholarly inquiry, value-based learning, and spiritual engagement.



### 2. Key Events & Activities

#### 2.1 First Anniversary Celebration

- **Date:** January 18, 2025
- **Venue :** The Constitution Club of India, New Delhi.
- A large intellectual gathering with **scholars, scientists, students, and philosophy enthusiasts**.
- **Dr Pooja Vyas** (Director, Indian Council of Philosophical Research) chaired the event; **Dr Natalia Zheleznova** was the Guest of Eminence.
- A spiritual invocation by **Dr C. Devakumar Jain**, followed by a lecture from **Dr Narendra Bhandari**, bridging science and Jain philosophy.
- Launch of DFL's **logo** and the first issue of the e-magazine *Dharma For Life Echoes*.
- Awards presented by **Mr Parveen Jain** (CMD, Tulip Group) to contributors.
- Release of **Dr Medhavi Jain's book *Matter and Mokṣa: Science and Spirituality in Jainism***. For details, visit [First Anniversary Celebration](#)

#### 2.2 Explorative Pune Visit

- **Date:** March 17–19, 2025

- **Lecture at Savitribai Phule Pune University** by Dr Medhavi Jain on “*Arihant: Jain Darshan Mein Sarvagya ki Avdharna,*” engaging academic audiences and students.



- The lecture emphasised the Jain concept of omniscience and the path to Mokṣa, followed by a lively Q&A.
- The DFL team visited the **Abhay Prabhavana Museum** to explore Jain heritage, artefacts, and teachings on *Ahimsa* and *Anekāntavāda*.
- Academic engagement expanded DFL’s outreach beyond Delhi.
- For details, visit [Explorative Pune Visit](#)

### 2.3 Dharma in Dialogue

- **Date:** April 5, 2025
- ‘धर्म चर्चा with Youth’—a thought-provoking podcast featuring scholars Dr. Medhavi Jain, Dr. Natalia Zheleznova, and Dr. Preeti R. Jain, alongside Gen-Z participants Ms. Muskan Jain, Ms. Divyanshi Jain, and Ms. Mannat Malik.
- Aimed to bridge generational perspectives on dharma-related themes, blending traditional insights with contemporary relevance.

### 2.4 Team Visit to Ayodhya

- **Date:** May 2025
- A spiritually immersive three-day journey led by Dr. Medhavi Jain.

- Meetings with revered Jain ascetics (**Aryika Gyanmati Mataji, Aryika Chandanamati Mataji, Aryika Swarnamati Mataji**) focusing on future DFL collaborations and initiatives.
- Visit to the **Ram Mandir**, symbolically connecting dharmic traditions.
- Pilgrimage across **seven sacred Jain temples** and darshan at five Tirthankara janmabhoomis.
- Reflection on core Jain principles, including **ahimsa, aparigraha, and samyama**.

For details, visit [Team Visit to Ayodhya](#)



## 2.5 Podcast Reflection

- **Date:** July 2025
- An experiential write-up on a podcast featuring a meaningful conversation on **religion, spirituality, and truth seeking** between Dr Medhavi Jain and **Dr Anekant Kumar Jain**.
- Provided personal and philosophical reflections aimed at youth seekers.
- For details, visit [Podcast Reflection](#)

## 3. Academic and Educational Initiatives

### 3.1 Founder's Academic Presentations

- **Date:** December 2025
- Research presentations by Dr. Medhavi Jain at:
  - **Bhogilal Leherchand Institute of Indology (BLII), New Delhi** — on *Omniscience in Jain Tradition*.
  - **Amity Institute for Sanskrit Studies and Research** — on *Indian Knowledge Tradition's contributions to modern education and Viksit Bharat 2047*.

- Significantly strengthened DFL's academic credibility and scholarly presence. For details, visit [Founder's Academic Presentations](#)



### 3.2 Joint Educational Project: “Swadheen- The Meri Bhavna Project”

- Date : **23rd November 2025**
- Venue : Launched at the **Jain**

**Shiksha Pracharak Society's 125th anniversary** at Talkatora Stadium, New Delhi.

- Designed with **JEIS (Jain Education Institute Support)** for Grade 4 students, focusing on values like *inner freedom, compassion, ethical clarity, and self-awareness*.
- Appreciated by Chief Guests **Chief Justice Vijendra Jain** and **IAS Vijetha Reddy**.
- The curriculum blends Jain ethical values with emotion-based learning practices and is designed for broad educational rollout.
- For Details Visit [Swadheen – The Meri Bhavna Project](#)

## 4. Publications

**4.1 Dharma For Life Echoes** — The first issue of DFL's e-magazine was published, featuring research articles, reflections, and insights on Indian philosophy and modern life. The magazine highlights academic depth and annual achievements.

- For Details, Visit [Dharma for Life Magazine](#)

### 4.2 Books Authored and Translated by the Founder

- ***Soul Science for the Millennials : Timeless Wisdom from the 2000-year-old Jain text Samayasāra by Ācārya Kundakunda***

- It's a contemporary philosophical interpretation connecting Jain metaphysics with modern existential concerns. Available on [Amazon](#)
- ***Navigating Through the Twenties with Philosophical Wisdom*** : It's a reflective guide for young adults addressing identity, purpose, emotional resilience, and ethical clarity through Indian philosophical insights. Available on [Amazon](#)
- नई पीढ़ी के लिए आत्म-विज्ञान : Hindi translation by the author of her own work, based on *Samayasāra*, making Jain spiritual philosophy accessible to a wider readership. *(forthcoming for sale)*

## 5. Conclusion

The year 2025 proved transformative for Dharma For Life, marked by expanded academic engagement, impactful educational initiatives, meaningful community dialogue, and a strong publishing presence. By harmoniously blending ancient Jain wisdom with contemporary



thought and pedagogy, DFL deepened its intellectual roots while broadening its social and educational reach. The organisation enters 2026 and beyond well-positioned to continue fostering reflective inquiry, ethical awareness, and mindful living in an increasingly complex world.

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